



**Kamloops Sexual Assault
Counselling Centre**

2017 | Annual Report

Year ended March 31, 2017
Year in Review



35th Anniversary (1982-2017)





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Board of Directors 2016 - 2017

Kathy Kendall—President
Chelsea Corsi—Vice President
Mandy Jean—Treasurer
Marcus Durante—Secretary

Directors:

Tanya Pawliuk , Dionne Mohammed

MISSION STATEMENT

Kamloops Sexual Assault Counselling Centre is a feminist organization that supports individuals who have experienced sexualized violence.

We provide counselling, support services, advocacy, education and prevention.



A Message from our President

To our members, staff and my fellow Board members:

The past year has been an exciting and productive time for KSACC and a busy one for the Board, and it has been my pleasure to serve as President. The Annual General meeting provides an opportunity to reflect on the accomplishments of the past year and contemplate the future.

The Board's work continues to focus on refining our governance and purpose in supporting the important work of KSACC in our communities. We continue to work with Charlene Eden, our amazing Agency Coordinator, in policy development, redrafting and refining by-laws and we have devoted conscious energy to Board recruitment. We have developed and approved a Board work plan for moving forward and monitor compliance with our strategic plan to ensure our work enhances the work of the Agency and complies with our mission statement.

Since the last AGM, we have both added and lost members. Kalie McIntosh, Dana Rule and Janet Chiorando stepped down and Dionne Mohammed and Mandy Jean joined Chelsea Corsi, Marcus Durante, Tanya Pawliuk and me during the year. Thanks to Kalie, Dana and Janet for their commitment to the Agency and their hard work as Board members and to Dionne and Mandy for joining and contributing so significantly to our work. As of today, Marcus and

Dionne will be stepping down and we will miss their dedication and thoughtful contributions to the Board. Thank you both for your hard work and committed participation.

There has also been movement and change among the staff. Thanks to Pat, Tara and Jillian who have moved on to new adventures and challenges. I cannot begin to express the gratitude we as a Board feel for the dedication and professionalism the staff show on a daily basis. Their commitment to our clients is unwavering and is reflected in the incredibly high level of support we receive from the community.

I would like to take this opportunity to thank my fellow Board members for their commitment to the work of the Agency and forbearance with my somewhat stumbling efforts to run a meeting! I am confident that, going forward, KSACC will continue to provide life-changing support for our clients, whose strength and resilience is inspiring, and to keep the issue of sexualized violence on the political landscape. Our happiest result would be to work ourselves out of jobs, but that doesn't appear likely in the near future, so we continue with hopeful hearts and unwavering determination to fulfill our mandate.

Kathy Kendall

318

Community
Referrals
"In"



330

Community
Referrals
"Out"

Agency Coordinator's Report

Where does the time go! Another year has come and gone, with this marking KSACC's 35th year in existence. Our longevity is a testament to the quality of service KSACC provides to our clients. It also tells the tale of an unfortunate reality that sexualized violence continues to persist in our society. And I cannot give enough thanks to KSACC's staff, board and volunteers for their dedication to our clients and to the goal of eradicating sexualized violence.

This last year has been a busy one. We continued to work on solidifying community and provincial partnerships. And confidence in KSACC as both a community partner and a relevant voice on sexual violence was wholly evident this year. For example, KSACC was asked to sit on Thompson Rivers University's Sexual Assault Task Force Committee; Status of Women Advisory Committee; partner with Ending Violence Association BC to provide disclosure training; and provide numerous community education and prevention workshops and training on topics related to sexualized violence. I also sit on the Board of Directors for the BC Society of Transition Houses. KSACC also continues to partner closely with organizations such as the Y Women's Shelter, Family Tree Family Centre, and Police-based Victim Services. And we have some exciting projects on the horizon!

One of our biggest accomplishments this year has been the re-creation of our Sexual Assault Response Team which was made possible by a partnership with Royal Inland Hospital and funding from both the City of Kamloops Social Planning Council and the United Way Thompson Nicola Cariboo. This team will help to fill a major gap in immediate response for those who have been sexually assaulted. I cannot thank the volunteers enough for their dedication to getting this team off the ground.

We have also continued to work on capacity building through policy and procedures development; Information Technology; governance work; and risk management. These pieces merely serve to enhance the excellent service our staff provides to clients on a daily basis.

I want to once again thank our funders, donors, supporters, and partners. Without you, KSACC would not be the organization it is today. We cannot end sexualized violence alone! I also give my deepest gratitude to our staff and Board of Directors who have once again this year been willing to endure many growing pains and changes for the betterment of the Agency and our client. You make it so very easy to come to work every day!

...continued

Agency Coordinator's Report continued:

And lastly, to our clients; we stand in awe of your courage, resilience and determination! You make us want to do better; to be better; to never waiver in our fight against sexualized violence.

I hope I live long enough to see a world free of sexualized violence. Many say it's an unrealistic goal...and maybe it is. But if we don't believe it is possible, it surely won't be. So I dare to dream big and KSACC dares to dream big! But until that dream comes true, we will continue opening the doors for those who have experienced sexualized violence.

Charlene Eden

Agency Coordinator

549

intake/
assessment
appointments

1874

Individual
Counselling
Appointments

190

Group
Counselling
Hours

Clinical Supervisor

As clinical supervisor, I am very proud that KSACC'S counsellors in all our programs work so well together and support one another. Staff also receive great support from Agency Coordinator Charlene Eden. This promotes a healthy working environment. The counsellors participate in one to one supervision as well as peer supervision.

Sharon Todd

Additional workshops and courses:

- ``Gathering of Women to Honour Your Journey`` - a gathering of Indigenous women.
- Risk Identification and Safety Planning for Indigenous communities.
- 2nd Annual Aboriginal Youth Conference – “Be More Than A Bystander” presentation by EVA BC and BC Lions.
- 3 day course for Clinical Supervisors
- Mental Health First Aid

SAIP

Sexual Abuse Intervention Program

The Sexual Abuse Intervention Program provides counselling and support services to children and youth ages 3 to 18 who have experienced sexual abuse or are suspected to have been sexually abused or assaulted. SAIP further works with children under the age of 12 that are presenting sexualized behaviour. We also provide support to family members.

93
Family
Counselling
Appointments

Our SAIP counsellors have increased their hours of community involvement through events such as school fairs and speaking at girl's groups. In addition, each SAIP counsellor participates in continuing education to develop more skills that are incorporated into practice.

SAIP has a very good working relationship with School District #73. Our SAIP counsellors have provided outreach counselling services to Twin Rivers Education Centre, Four Directions School and Brock Middle School in the past year. As well, KSACC has a working relationship with the SCAN (Suspected Child Abuse & Neglect) clinic and will continue to meet with all community representatives to ensure ongoing quality of services.

CBVS

Community Based Victim Service Program

The Community Based Victim Service program provides information and emotional support to female and male victims involved in criminal cases of partner assault; sexual assault; and criminal harassment and stalking.

**Active CBVS
Caseload**

**50-55
clients**

**Amount of
hours
accompanying
clients in court**

253.5

**Attended
court with**

89 clients

CBVS Highlights

- Training workshops with SART volunteers and RCMP Victim Services.
- Assisting with SART training and research.
- Violence Against Women in Relationships training.
- Presentation with Clinical Supervisor to the Skeetchestn First Nations re: Indigenous Training for Women's Safety.
- Increased referrals to CBVS from Crown Counsel.
- Have assisted women filing 3rd party reports to the RCMP.
- Member of Kamloops Interagency Case Assessment Team (KICAT).

"Thank you for being here for my daughter and myself, through this process. You helped us both understand the process which made it less scary."

- client's mom



KTW
Christmas Cheer Fund

STV

Stopping the Violence Program

The Stopping the Violence program provides counselling and support services to adult women who have experienced sexual assault, violence in relationships, or childhood abuse. STV also provides outreach services and education and prevention services, when possible.

KAMLOOPS

- Work closely with community partners including Y Women's Shelter, Royal Inland Hospital, Mental Health and Substance Use, RCMP, Thompson Rivers University, Elizabeth Fry Society, Interior Community Services, Family Tree, Kamloops Aboriginal Friendship Society and ASK Wellness to collaborate on services for clients
 - Participated in training opportunities to enhance skill sets including Mental Health First Aid; Applied Suicide Intervention Skills Training; and How to Rewire the Traumatized Brain
 - Conduct a women's relationship group with the Y Women's Shelter
-

CHASE

- Work closely with RCMP Victim Services
 - Work closely with public health nurse & adult mental health workers
 - Attend health fairs and community events that draw women
 - Work hard to create community connections and strengthen ties as a whole to the community of Chase and the surrounding First Nations bands
-

LOGAN LAKE

- Continue to partner and conduct community liaison with the community group WHY
- Connected with the Women of Streeel and are working toward a partnership that would help strengthen our ties to the community
- Connected to the school in Logan Lake and operate a girls' group weekly
- Created a partnership with the Crossing Bridges Arts Outreach Program which provides therapeutic art lessons to the girls' group
- Connected to the Logan Lake Health Centre and RCMP

CWWA

Children Who Witness Abuse Program

The Children Who Witness Abuse program provides counselling and support services to children and youth aged 3 to 18 who have been exposed to or witnessed abuse, threats or violence in the home but who are not currently in a crisis situation.

CWWA in Chase works with children and youth to find creative, non-violent ways to work through their experiences with violence, manage their responses, and resolve conflict. As in other years, this happens best within a collaborative, connected framework.

Some of our key partnerships include:

- Child and Youth Mental Health
- RCMP Victim Services
- Public Health
- First Nations communities
- Chief Atahm School
- Haldane Elementary School
- Ministry of Children and Family Development
- Secwepemc Child and Family Services
- Literacy Coordinator
- Village of Chase

133

Hours of
community/
event liaison

579

Safety Plans

46

public education
workshops/events

KSACC provides counselling services to male, non-offending victims of sexual assault and historical childhood sexual abuse. We are the only organization in the community that provides this service free of charge.

Counselling for Men

Over the past year, we have seen an increase in the number of male clients requesting our services. We have also seen the positive impact this service can have for the men who have the courage to walk through the door and ask for help.

SART

Sexual Assault Response Team

Over the past year, KSACC has worked hard with community partners to be nearing the successful start-up of its Sexual Assault Response Team. SART will provide immediate support, information and advocacy to individuals who are accessing the hospital and who have been sexually assaulted within the past 7 days.

Our first team of 14 incredible volunteers have participated in 12 weeks of intensive training and through a Civil Forfeiture grant from the BC government, we were also able to provide team members the opportunity to participate in four workshops:

- Trauma-informed Practice
- Mental Health First Aid
- Applied Suicide Intervention Skills Training
- LGBTQ2SPA+ training

We are just in the midst of finalizing the last protocols with Royal Inland Hospital and SART is ready to roll out and will once again be a reality in our community after a 13 year hiatus.

Teams of two will provide, among many things:

- Immediate emotional support and information via telephone.
- Hospital accompaniment while survivors

receive medical attention.

- Information about sexual assault, medical and forensic procedures, reporting options, legal options, and community supports and services.
- Advocacy and support during medical attention including the Sexual Assault Forensic Kit
- Advocacy and support during police interviews.
- Information on follow-up counselling and justice-related services available through KSACC.
- Information and referrals to other community supports and services.
- Information and support to family and other support people who attend the hospital with the survivor.



Thank you to the following individuals for their role in training our volunteers:

Tracy Scott—Royal Inland Hospital

Celina Gammie—RCMP

Natalie Clark—Justice Institute of BC

Tonia Gillespie & Andrea Balance—ASIST

Facilitators

Krista Gallant—Safe Spaces

Amy Baskin—ASK Wellness

Amanda Carnovale—CMHA

We want to thank all our community partners for working with us to ensure this gap in services is filled. A special thank you to the *City of Kamloops Social Planning Council* and the *United Way TNC* for providing much needed dollars to turn our vision for SART into a reality.

COMMUNITY EVENTS

**United Way
Day of Caring**



**Brock
Wellness
Fair**

**TREC Fair
Feb 22**

**Law Day
April 11**

**Non-profit
Leader's dinner**

**United Steel-
workers
BBQ**

**Be More
Than a Bystander
w/EVA BC & BC Lions**



**Solidarity
March & Rally
for Missing
& Murdered
Indigenous
Women
Feb 14**

**Kamloops
Shoe
Memorial
Dec 6th**



**SCAN Clinic
open house**

**Chase
Men's
Health fair**

**Take Back The Night
Sept 16**



**Chase
Kindergarten
Fair**

**TRU
Back to School BBQ
Sept 9**



**Indigenous
Cultural Day
June 3**

**Candlelight vigil
for victims of
Orlando Shooting
June 16**

**Child
Advocacy
Centre
Conference**

**Dr. Dustin Louie
presentation**

**International
Women's Day
March 8**

**United
Way
BBQ**

Thank You

To Our Funders



To Our Donors & Supporters

BDO Canada

Barb Turner

Canada Helps

Eileen McBride

Fraternal Order of Eagles-
Kamloops Aerie #3453

International Centre for
Criminal Law Reform
& Criminal Justice Policy

Janet Kusler

Kamloops Art Council

Kamloops Firefighters
Charitable Society

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for Shelters

Paula Schmidt—Strategic
Dynamics

Subway

Sherry Chamberlain

Unitarian Universalist
Fellowship of Kamloops

United Way TNC—Day of Caring

Westcan Aircraft Sales
& Salvage



Fraternal Order of Eagles
Kamloops #3453



New Gold Crew C



Shoppers Drug Mart
Valleyview