

## WHAT HAPPENS IF MY CHILD DISCLOSES ABUSE:

Part of the role of a SAIP counsellor is to ensure that children and youth are safe; safe in their body and safe in their home and community. If your child/youth discloses abuse that has not already been reported to a child protection agency and/or the RCMP, the parent/guardian will need to report the abuse.

KSACC and the SAIP counsellor will support you and your child in this process. If the parent or caregiver does not report the abuse, the counsellor has a legal and ethical obligation to report the abuse to a child protection agency.

## CONTACT US

Kamloops Sexual Assault Centre

#601 - 235 First Avenue  
Kamloops, BC V2C 3J4  
250-372-0179  
ksacc@ksacc.ca

Anti-violence crisis line  
1-888-974-7278

## STAY IN TOUCH



/kamloopsassaultcentre



@kamloops.sexual.assault.centre



# SEXUAL ABUSE INTERVENTION PROGRAM

KSACC gratefully acknowledges that our work takes place on the traditional, unceded territory of the Tk'emlúps te Secwépemc people.



## What is SAIP?

SAIP stands for Sexual Abuse Intervention Program. Our SAIP counsellors provide counselling to children and youth between the ages of 3 and 18 who have experienced sexual abuse, sexual assault, sexual exploitation, or for children 12 and under who are showing signs of sexually inappropriate behaviour.

## Is there a waitlist?

Yes, KSACC has a waitlist for SAIP counselling, estimated at a 3 month wait. During the assessment, the SAIP counsellor will determine if your child or youth is considered "high risk". If so, they may be able to access counselling immediately, without being put on the waitlist.

# Our Services

## SAIP Counselling Session:

Our SAIP counsellors are trained in Play Therapy and KSACC has a playroom filled with therapeutic toys, arts and crafts, educational books and worksheets, a sand tray, and sensory toys. Children are able to freely explore the playroom while learning about consent, boundaries, safety, and breathing and grounding exercises while working on identifying their feelings. During play, the counsellor asks gentle questions and identifies themes and your child's strengths. For older youth and teens, most prefer a counselling office setting where they can participate in talk therapy while colouring or sketching.

## How long are counselling sessions?

Sessions are usually 50 minutes long and are typically booked every two weeks.

*Please note that if your child "no shows" to their appointments 3 times, they will be moved onto the waitlist.*

## How can I support my child or youth during counselling?

The best way to support your child during their counselling at KSACC is to ensure they attend regular sessions. It is important that your child develops a safe and trusting relationship with their counsellor.

